



# JULY 2019 SCHEDULE

## NOTES

- Saturday July 13 we have a special workshop. Note schedule is different for this day
- Anklet Making event July 19th \$25 per person
- Tune in to ABC channel 8 to see our dancers
- Dance Social July 26 Special Performance
- Saturday July 27 dancers performing at Iiveexpo at UTA 10am at UC

Book your private: Dance class, choreography, dance party or host your event or meeting at our venue!  
 vivebydesign.com - vivebydesign.com - 682-800-3991

SUN	1 MON	2 TUE	3 WED	4 THU	5 FRI	6 SAT
	6am Bounce Dance Class 4:30pm Pain Free Yoga 5:45pm Happy Hour Zumba 7pm Meditation Class "How to Start: Breathing Meditation"	4:30pm Gentle Haths 6pm Happy Hour Zumba 7pm Intermediate Bachata 8pm Cumbia(Taste of Dance)	6am Bounce Dance Class 5:30pm Hatha Yoga	4:30pm Pain Free Yoga 6pm Rhythm n Lose Dance Class		12pm Salsa 12:45pm Bachata 2pm Pain Free Yoga 10am-4pm Kelley Shaw Designs
7 1pm-2:30 Energy Yoga	8 6am Bounce Dance Class 4:30pm Pain Free Yoga 5:45pm Happy Hour Zumba 7pm Meditation Class "Pure Light- The power of imagining"	9 4:30pm Gentle Haths 6pm Happy Hour Zumba 7pm Intermediate Salsa 8pm Merengue (Taste of Dance)	10 6am Bounce Dance Class 5:30pm Hatha Yoga	11 4:30pm Pain Free Yoga 6pm Rhythm n Lose Dance Class	12 <b>7-10PM SALSA WORKSHOP Marcus Negron</b>	13 10am Pain Free Yoga *Special time change today* 12-3PM <b>BACHATA WOROSHOP</b> with Marcus Negron 4pm-8pm MARCUS PRIVATES 10am-4pm Kelley Shaw Designs
14 1pm-2:30 Energy Yoga	15 6am Bounce Dance Class 4:30pm Pain Free Yoga 5:45pm Happy Hour Zumba 7pm Meditation Class "Detaching from your Thoughts"	16 4:30pmGentle Haths 6pm Happy Hour Zumba 7pm Intermediate Bachata *Sub 8pm Texas 2 Step (Taste of Dance)	17 6am Bounce Dance Class 5:30pm Hatha Yoga	18 4:30pm Pain Free Yoga 6pm Rhythm n Lose Dance Class	19 7pm-9pm <b>ANKLET MAKING PARTY with Kelley Shaw Designs</b>	20 10am Bounce Pop Up Class 12pm Salsa 12:45pm Bachata 2pm Pain Free Yoga 10am-4pm Kelley Shaw Designs
21 1pm-2:30 Energy Yoga	22 6am Bounce Dance Class 4:30pm Pain Free Yoga 5:45pm Happy Hour Zumba 7pm Meditation Class "Inspiration- Detoxing the Mind"	23 4:30pm Gentle Haths 6pm Happy Hour Zumba 7pm Intermediate Salsa 8pm Waltz (Taste of Dance)	24 6am Bounce Dance Class 5:30pm Hatha Yoga	25 4:30pm Pain Free Yoga 6pm Rhythm n Lose Dance Class	26 8pm-11pm <b>DANCE SOCIAL **Special Performance**</b>	27 12pm Salsa 12:45pm Bachata 2pm Pain Free Yoga 10am-4pm Kelley Shaw Designs
28 1pm-2:30 Energy Yoga	29 6am Bounce Dance Class 4:30pm Pain Free Yoga 5:45pm Happy Hour Zumba 7pm Meditation Class "The Next Steps"	30 4:30pm Gentle Haths 6pm Happy Hour Zumba 7pm Intermediate Salsa 8pm Tango Taste of Dance)	31 6am Bounce Dance Class 5:30pm Hatha Yoga			